

# **Kick-off: Learning-strategies and Time-management**

**Mittwoch, 12. Oktober 2022 - Mittwoch, 12. Oktober 2022**

**online**

## **Wissenschaftliches Programm**

Our digital kick-off will give you a short insight in the workshops:

- Learning strategies
- Time mangamenet
- Stressmangement

Mr.Dominic Vogt an experienced trainer will give a 30-minute-introductory-talk. After the introduction we invite you to share your experiences and issues related to this topic.

The actaul workshops will be held on november 2, november 16 and november 30 in presence, it is possible to subscribe for only one or all of them. The number of participants is limited to 25.

These workshops are sponsored by Techniker Krankenkasse